



B R A V E E A R T H
T I E R R A V A L I E N T E

Discover the multitude of on and off-site tours to deepen your experience and immerse in the local culture and biological treasures. To find out more about each experience write to us at hello@braveearth.com.

Tour	Description	Cost per person	Duration	Difficulty Level
Brave Earth Tour	As a living lab, we have experimented with different building modalities using AirCrete and materials sourced on the land including bamboo and adobe. We have implemented biophilic design, closed-loop systems and permaculture design principles. Learn more about our structures and landscape design with this tour.	\$15	1h	Low
Edible Garden Tour	Take a walk through our edible gardens, taste and identify the immense variety of medicinal plants, tropical fruits, vegetables, and perennial greens we have on the land. The tour will end up with an experience of the four elements in our Malocca garden.	\$25	1.5h	Low
Medicinal Plant Tour	Get to know the medicinal plants, their functions, practical and therapeutic offerings. Our gardens are integrated with many species of plants which are in companionship and harmony with their surroundings. After getting to know the plants we will take freshly harvested leaves, bark, or roots and dry to take home and make an infusion.	\$35	2.5h	Low



Tour	Description	Cost per person	Duration	Difficulty Level
<p>Rainforest Mystery Trail Night Hike</p>	<p>Accompanied by an expert guide, our guests will walk this mile trail and experience the sights and sounds of the rainforest at night. You may see kinkajous, sleeping birds, translucent glass frogs, red-eyed tree frogs, or perhaps lizards or snakes. You never know – the creatures come out on their schedule, guided perhaps by the phases of the moon and whether it has just rained. We assure you of this, however: you will feel the rainforest at night, and that is a direct contact with one of the great mysteries on this planet.</p>	<p>\$35/adult \$20/child</p>	<p>1.5h</p>	<p>Low</p>
<p>Regenerative Agriculture Farm Tour</p>	<p>We are probably not like any other farm you've visited. We are dedicated, on every meter of land, to producing the healthiest food for our guests while at the same time regenerating topsoil and biological diversity. We are a leading exponent of the "regenerative agriculture" revolution, and taking our farm tour will introduce you to this "beyond organic" celebration of holistic food production. See our composting techniques, fertilizing practices, planting systems, and learn about the basics of biodynamic farming.</p>	<p>\$25</p>	<p>1.5h</p>	<p>Low</p>



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Cabalonga Trail + River Tour	Experience the beauty and bounty of the rainforest walking on the Cabalonga trail. Surrounded by the lush greenery and the rich biodiversity you can take in the beautiful surroundings. This trail leads to the Chachagua River where you can cool off and swim in the flowing waters or sun bathe on a river rock.	\$35	2.5h	Med
Two Little Monkeys Cacao Bean-to-Bar Tour	After seeing how we use regenerative practices to grow cacao trees, the next step is to learn how chocolate has been made, both by ancient civilizations and by modern techniques. Led by Ishmael, the founder of “Two Little Monkey”, you will take a thousand-year chocolate journey, and you’ll make both the ancient “Drink of the Gods” and chocolate treats to take home!	\$45/adult \$25/child	2h	Low
Rainforest Hike + Waterfall Tour	Trek through the rainforest to the waterfall, the local jewel of exquisite beauty. The trail can sometimes be tricky, especially when it rains, so our guides will lead the way to this well-kept secret.	\$35	2.5h	Med-High



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<p>Children’s Eternal Rainforest Tour</p>	<p>To hike in the Children’s Eternal Rainforest is to experience one of the most beautiful natural treasures of Costa Rica. Created in 1987 through the efforts of children from 44 nations, it represents one of the most inspiring conservation stories of the 20th Century with over 70,000 acres of protected rainforest. Among the wildlife and various types of plants you can also find bubbling mud pits where tectonic plates collide. Yes, you can rub the hot volcanic mud on your faces! After your hike you can refresh yourself with a swim in the lake that fills the caldera of this extinct volcano.</p>	<p>\$80 includes entrance, transport, packed lunch</p>	<p>5h</p>	<p>Med-High</p>
<p>Fuerza De Amor Community Resilience Tour</p>	<p>Learn more about our Community Resilience Network and how we’re creating deeper connections in our local ecosystem. Be immersed in Costa Rican culture and visit our local tilapia farm, baker, and community center. Enjoy a delicious typical Costa Rican lunch and treats along the way.</p>	<p>\$60 includes transport + lunch</p>	<p>3h</p>	<p>Low</p>



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Thermal Baths (Eco Termales)	<p>Located 30min from Brave Earth, Eco Termales hot springs is a deeply healing, enriching experience. The water originates from the magnesia filled waters heated by the geo-thermal activity of Volcano Arenal providing the perfectly and naturally balanced quantities of calcium bicarbonates and magnesium, which have analgesic, anti-inflammatory, and muscle relaxing properties. The surroundings are peaceful and serene creating an atmosphere of deep relaxation and connection. Eco Termales is committed to sustainable practices and preserving the local waters.</p>	\$65 include entrance + transport	4h	Low
Arenal Volcano + Waterfall Observatory + Lake Swim	<p>For those that want an up-close view of the volcano, this tour is for you. The Observatory is a must see destination, located inside Arenal Volcano National Park (45 min drive from Brave Earth), featuring stunning panoramic views of the volcano. It has wonderful walking trails leading to a waterfall and a bird watching tower. This tour then moves on to a park on the water in the town of El Castillo (10 minutes from Observatory), where guests will have a picnic and a chance to swim in Lake Arenal with the backdrop of the volcano right behind them.</p>	\$75 includes entrance, transport, snacks	4h	Low-Med